

TROOP ONE

New Member Family Handbook

Troop One, Sacramento, California in the Three Rivers District
of the Golden Empire Council of the Boy Scouts of America

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Warm Welcome to Troop One

Troop One’s formal family welcome committee is ran by Assistant Scoutmaster Maria C. Solis. This handbook is a tool for the parents and scouts alike. We hope it serves as a convenient reference point to guide you to information you need to participate fully in the troop activities and opportunities.

As you spend more time with our Troop you will find it is highly Scout managed and member driven. While parent and adult members are always present in an advisory capacity, as Merit Badge Counselors, Mentors, Coaches, Advisors, and Scoutmasters, the young men are always encouraged to organize and lead themselves for the various activities. We are a boy lead Troop, our scouts determine the direction our Troop goes, the adult leadership function is to ensure it is safe for all, which will make it fun for all.

Please consider helping in any way you can, as Troop One relies on the participation of each parent to provide the comprehensive and full schedule of activities that help the scouts in rank advancement, adventure, service, and earning of merit badges.

IN THIS HANDBOOK

- Place to Record Information You Will Often Use
- Paperwork
- Websites
- Calendar and Flow of Troop Year
- Camp Cody
- Parent Volunteer Necessity and Opportunity

Purpose of this Handbook

Please rely on this handbook to give you a general idea of the rhythm of the troop's activities. In all instances, more information can be found at:

- Troop One website <https://www.troop-1.com/>
- Golden Empire Council website <https://www.gec-bsa.org/>
- BSA website <https://www.scouting.org/> or <https://my.scouting.scouting.org>

Many helpful reminders are provided via Troop Newsletters and email announcements.

The boys are reminded at each Monday meeting about schedules, paperwork, and progress on Troop One projects. This handbook is a work in progress, and as a newer member, you might want to send suggestions in writing for additions, amplifications, and deletions that will improve the effectiveness of this book to the Committee Chair Frank Anselmi committeechairanselmi.troop.1@gmail.com, or Scoutmaster (SM) Chris Tileston at smtileston.troop.1@gmail.com.

Place to Record Information You Will Often Use

As you visit various websites, and file various forms you are provided information such as a BSA membership identification number. Please keep this number in a handy place, as you will need it from time to time. Each year, members renew their BSA registration (recharter) in October/November. Each Scout in Troop One must have at least one adult member (parent or guardian) join BSA as well. Each adult member must complete Youth Protection Training at a minimum. To properly record your training, your membership identification number is imperative. If you do not have this number, you can always inquire with the Committee Chair or Registration Chair.

	Person 1	Person 2
Scout BSA Membership ID		
Adult BSA Membership ID		

You will also be asked to create user ID and password for access to the BSA site (<https://my.scouting.scouting.org>).

	Person 1	Person 2
BSA Username		
BSA Password		

Golden Empire Council (GEC) will also involve a user ID and password in some instances (<https://www.gec-bsa.org/>).

	Person 1	Person 2
GEC Username		
GEC Password		

The Troop One site does not require a user ID, but much of the troop information, like the roster of members requires a password for access. This is to protect the privacy of our members. This password is restricted to Troop 1 families and may only be used for official Troop 1 business. You can keep that password handy here as well.

Troop 1 website generic password _____
Hint: Name of lodge at Camp Cody.

The following link is helpful identifying key contacts for information and answers to questions as they arise:

<https://www.troop-1.com/key-contacts/>

Troop One uses TroopMaster. If you have a web account

	Person 1	Person 2
TroopMaster Web User ID		
TroopMaster Web Password		

Paperwork, Fees, and Scholarships

A careful look at the calendar for Troop One shows that on average the scouts can go on an outing at least once per month. Outings typically cost between \$10 and \$50 depending on the distance, duration, admission fees, etc. Outings coordinators accept only cash...no checks! Each outing has a unique registration form, which is provided both at meetings in advance of event, and in an email sent to the entire troop usually a few weeks in advance of the outing.

SAVE TIME

Save time by pre-filling parts A and B of a BSA Annual Health and Medical Record. Save it on your computer and re-print it for each outing.

Always submit your Scout's outing registration form, cash and Medical Record stapled together. Scholarships for outings are also available and can be requested from the SM or Committee Chair. In addition, our Troop only holds one fundraiser per year, our Crab Feed. Scouts and Patrols can raise funds for their individual Scout and Patrol accounts through sale of Crab Feed tickets and preparation of raffle baskets. Scouts can use these funds for Scout related materials, uniforms, and outings (including Camp Cody fees). Patrol funds can be used for individual Patrol Outings throughout the year.

An Annual Health and Medical Record with Part A and Part B is required for each outing, and one can save time by pre-filling a Medical Release Form, saving the prefilled copy and simply printing and signing a new one for each outing your scout attends. The form is found at many locations including the Troop 1 Website under forms. Note: New 2020 BSA Medical Forms now available

A centerpiece activity for Troop One is our beloved Camp Cody. Each summer usually the last full week of July, every member of the troop is encouraged to join in this camp experience. Over 30 merit badges are offered providing Scouts with many opportunities to make progress on rank advancement: all of this while enjoying the time of their lives in this beautiful setting on this alpine lake off HWY 50 near Strawberry. More information is readily available on our website.

KEEPING TRACK

Start a binder to keep 'blue cards' for merit badges, rank advancement cards, and award cards.

Write down each outing the scout attends and how many nights. This counts toward rank advancement and the **100 Nights of Camping** award.

Write down the Eagle project and number of hours worked for each Eagle project you (the scout) helped. This is needed for rank advancement.

Applications to Camp Cody are generally due in May. They are mailed and made available as hard copy at Troop parent meetings in February and March. A more in-depth personal medical health record is required for Camp Cody, Annual Health and Medical Record with Part C—which requires a physical exam — so be aware that more time is needed to complete these forms for Camp. Note: Troop 1 does not require Part D. Part D is only required if attending:

- Philmont Scout Ranch
- Northern Tier National High Adventure Program
- Florida National Adventure Sea Base
- Summit Bechtel Reserve

As your Scout works his way in Rank advancement, and earning merit badges, documentation and a paper trail for his hard work is very important. Several adults work tirelessly to assist your scout in earning the awards.

A crucial role you can play is to impress upon your scout how important it is to regard their Scout Handbook as golden. The Rank Advancement pages in the back of the book are important records for their progress.

We ask that each boy copy these pages on a copier periodically to have a backup, in case the book is ever lost. Copies or photos of required documentation from a Scouts Handbook may be requested by the Advancement Chair to verify rank advancement. When a scout earns a merit badge, the 'blue card' he receives should also be kept as a matter of record and included in their Eagle Scout binder. The best time to start a Scouts Eagle binder is now! Smaller photo

books, baseball card books or journal books are handy for the care and keeping of their rank cards, merit badge 'blue cards' and other awards.

Advancement Procedure

The first thing to keep in mind is that the Scout is responsible for arranging for his advancement. The parent's responsibility is to guide the Scout. The Scoutmaster, the Assistant Scoutmasters, and Scout leaders, are always available for mentoring and coaching. It is the Scout's responsibility to communicate with the Advancement Chair, Scoutmaster, and members of the Board of Review. This helps the Scout develop communication skills and confidence in personal interviews. Listed below are the steps:

1. The Scout takes his Boy Scout Handbook to the Advancement Chair to capture completion of requirements. He should do this regularly after several requirements are signed off. Events that typically generate requirement sign-off that need to be recorded: Camp Cody, Outing or completion of several Trail-to-First Class meetings.
2. The Advancement Chair will record completed requirements in TroopMaster.
3. The Scout calls the Advancement Chair when he thinks he is ready for rank advancement. If ready, the Advancement Chair will provide the Scout with his Board of Review Report and schedule his Board of Review Interview. If not ready, the Advancement Chair will let him know what requirement(s) are missing.
4. The Scout then calls the SM to make an appointment for a Scoutmasters Conference.
5. The Scout reports to the SM, in uniform, with handbook, and Board of Review sheet. The SM will review his progress to date and sign off on two requirements: Demonstrate Scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.
6. When his SM Conference is completed, the Scout will meet with a scheduled Board of Review in uniform, with his Board of Review sheet. Board of Review members are typically three members of the Parent Committee. Advancement is recorded on Board of Review report and kept by the Advancement Chairperson for records.
7. Before closing circle, the SM picks up any completed rank advancement patches from the Board of Review. At closing circle, SM acknowledges recent rank advancements and presents rank patches.
8. Presentation card and parent's pin are presented at next Court of Honor.

Websites¹

Troop 1

<https://www.troop-1.com/>

¹ See BSA Social Media Guidelines complement Youth Protection policies and training:

<https://scoutingwire.org/scout-media-guidelines/>

Troop 1 Camp Cody

<https://www.troop-1.com/camp-cody/>

Three Rivers District

<https://www.gec-bsa.org/3415>

Golden Empire Council

<https://www.gec-bsa.org/>

Boy Scouts of America

<https://www.scouting.org/>

All Adults need a logon to E-Learning Portal @ <https://my.scouting.org>

Minimum adult/parent training requirements are:

- All Adults: 1) Youth Protection Training, which consists of four sections.
- All Committee Members: 1) The above-mentioned Youth Protection Training, then see Mr. Weisser for the balance of requirements.
- All Camp Cody Staff: 1) The above-mentioned Youth Protection Training, then see Mr. Weisser for the balance of requirements.
- All Assistant Scoutmasters: 1) Leader Specific Training Online or Classroom setting and 2) Introduction to Outdoor Leader Skills², 3) the above-mentioned Youth Protection Training, then see Mr. Weisser for the balance of requirements.
- Each month, there are typically four (4) meetings with the following agendas:
 - ✓ One (1) meeting, outing preparation and organization (the meeting before the weekend)
 - ✓ Two (2) meetings, Merit Badges or Trail to First Class
 - ✓ One (1) meeting on Special Topic: Election, Court of Honor, Inductions, Order of the Arrow, Monday National Holiday, etc.

CHECK THE CALENDAR

For upcoming or specific Troop One events go to:

<https://calendar.google.com/calendar/embed?src=trooponecalendar@gmail.com>

This is not a calendar, but merely a highlight of various activities of Troop One, and the month in which they usually occur. Each month usually has one (1) outing and one (1) service project.

August ~ Monday Meetings resume
GEC Life to Eagle Workshop

September ~ Water Outing (often a Canoe or Rafting Outing)

² The Introduction to Outdoor Leadership Skills Training is only available through an outdoor setting. See <https://www.gec-bsa.org/activities/training-activities/62745> for current schedule. It typically is “free” and is offered each Spring and Fall at many different locations. Make sure your training session is for “Boy Scouts”; some sessions are only for Cub Scouts, or Venturing.

October ~	Elections, Troop Leadership Summer Court of Honor Annual BSA Membership Renewal begins (Recharter)
November ~	Turkey Outing for Scouts and Families GEC Life to Eagle Workshop
December ~	Winter Outing (indoor or in a youth hostel)
January ~	Winter Outing (indoor or in a youth hostel) Fall Court of Honor GEC University of Scouting Adult Training OKPIK Annual Crab Feed Fundraiser
February ~	Snow Outing Start on forms for Camp Cody (Make appointment for BSA physical) Troop One attends Pack Blue and Gold Banquet(s)
March ~	Winter Court of Honor Prospective parents and Scouts visit Continue Forms for Camp Cody
April ~	Elections, Troop Leadership National Youth Leadership Training (NYLT) Camporee Continue Forms for Camp Cody
May ~	Adult Training (e.g., Woodbadge, Basic Backpack Awareness, Wilderness First Aid, Paddle Sports Awareness, National Camp School, etc.) Backpack Outing Forms for Camp Cody Due
June ~	Spring Court of Honor Pioneer Campout (First year campers training for Cody – <u>mandatory</u> for all first-year campers) Backpack Outing
July ~	50 Miler Troop 1 Hike Camp Cody Work Weekend Camp Cody Work Week Camp Cody Summer Camp Camp Cody Family Night

Camp Cody

Troop One considers Camp Cody as "The best Nationally Accredited Backwoods Camp in the Sierra." Camp Cody lies at 7,200 feet on the shores of Cody Lake in the El Dorado National Forest. When Troop One founded Camp Cody in 1937, there was just brush and timberland. Camp Cody³ is now a rugged backwoods summer camp, boasting a full range of Scouting programs, an active waterfront, and three (3) support lodges. <https://www.troop-1.com/camp-cody/>

ONLY BRING WHAT IS ON THE PACKING LIST TO CAMP CODY

The last page of the Camp Cody Brochure contains a packing list.

For your Scout's safety and comfort bring everything on this packing list (and no more than what is on the packing list.)

There are no roads into camp, no soft beds. Each Scout has a real opportunity to camp in the great outdoors, sleeping on the ground in tents. Hiking, fishing, swimming, boating, and rock climbing are just some of the challenges available at Camp Cody. Each year approximately thirty (30) Merit Badges are offered.

Experienced cooks offer three (3) meals every day, except for the overnight backpacking trip when Scouts go outside Camp. Our Scouts tell us that there is no better food in the mountains. Careful attention to sanitation makes Camp Cody a healthy environment. It's fun, you learn a lot, and you'll have a great time.

There are two (2) important documents that must be completed for camp:

- Camp Cody Scout Application
- BSA Annual Health and Medical Record (Parts A, B and C are required for Camp. Part C must be signed annually by a Physician [MD, DO], Nurse Practitioner [NP], or Physician's Assistant [PA]. Part D is not needed.)

These documents provide other information on Camp:

- Camp Cody Brochure (packing list is on last page)
- Camp Cody Adult Staffing Requirements
- Camp Cody Staff Manual

First year campers are called "Pioneers". All first-year campers take two (2) Merit Badges: Leatherwork and Swimming along with them starting to work on the First Aid requirements found in the Scout for Trail-to-First Class. During fourth period Pioneers work on Trail-to-First Class requirements. Mid-week, all Pioneers go for an overnight backpacking trip to Cody Meadows⁴.

Here are some important reminders for new parents:

³ Search for "Cody Lake, CA" in Google maps. <http://maps.google.com/>

⁴ Search for "Cody Meadows, CA" in Google maps. <http://maps.google.com/>

- Please be sure EVERY item your Scout takes to camp is marked with your scout's name! This includes socks, merit badge books, neckerchiefs, and other uniform items, etc. Remember some Scouts have the same initials, so a full name is a better way to mark the items.
- Make sure Scouts are at the top of the hill by 8AM on the day that Cody begins. The entire Patrol must be present for the Scouts to go into camp. Don't let your Scout be the reason his Patrol must go into camp last.
- Scouts must be able to carry all their gear in one trip and MUST have broken in hiking boots (tennis shoes or equivalent is NOT sufficient).
- Parents are welcome to bring cameras to take Patrol photos of the Scouts with their Patrol hats just before the Scouts walk down the hill. Scouts are also welcome to have inexpensive cameras for taking pictures during camp week; however, they should leave expensive cameras at home.
- Parents are encouraged to bring cookies or another dessert (finger foods ONLY, please) when they return for Family Day. Families should NOT arrive prior to 1PM, as Scouts are still finishing Merit Badges and other work. It will get chilly and dark during campfire so remember a: chair, jacket, bug spray and flashlight.
- Camp Cody rules apply for everyone visiting on Family Day, so remember no open toed shoes or flip flops.
- Families provide their own tents and gear for Family Day, but remember, you want to be able to pack all your items into camp in just one trip!
- At camp, there are three (3) sleeping areas: 1) Scout only, 2) Adult only, and 3) Family. Your scout may sleep in your family tent; however, adults are never allowed to sleep in any Scout area. Additionally, any adult visits to the Scout area must be two-deep.
- Dinner is provided for family members for a nominal charge of \$5 per person. Exact change is very helpful—no checks or debit cards. Breakfast on Sunday morning is provided at no charge.
- Packing up Camp Cody starts around 5AM on Sunday morning and everyone should plan to get up right away, eat breakfast, breakdown individual campsites, and then help break down Camp. Scouts and families should eat breakfast first thing in the morning, as breakfast is cleaned up early and once it is cleaned up there is not another opportunity for food until you leave Cody.
- Remember to check the Lost and Found pile often on Sunday morning and again just before you leave Cody. Both parents and Scouts should check the pile and check it often!!!
- Please try not to leave until the entire camp is leaving. Many hands make light work and there are many traditions that take place at the very end of camp, such as handing out Cody patches, a final check of the Lost and Found and the closing remarks of the JCD. Camp closes out more smoothly if we ALL stay until the very end. If we all stay and help camp could be dismissed as early as 11AM.

Parent Volunteer Necessities and Opportunities

Boy Scouting is for adults as well as boys. We invite you to share your skills and interests so the best possible program can be developed for the Boy Scouts in Troop One. Please do not wait to be asked, but volunteer. Ask other Parents, Committee Members, Assistant Scoutmasters how you can help. It is said, “Many hands make light work.”

Please complete the Troop One Parent Resource Survey found on our website. www.troop-1.com/wp-content/uploads/2020/07/Troop-One-Parent-Resource-Survey-07212020.pdf

TROOP ONE PARENT RESOURCE SURVEY

Welcome to the Scout family of Troop One in the Golden Empire Council. We encourage all Troop One adults to contribute to Scouting, because the program only succeeds with volunteer support and Scouting is an excellent experience for both the Scouts and Adults. This survey is different from the Merit Badge Counselor Application you may have already filled out. Troop One wishes to find ways you can enjoy using your time and talents to help our Scouts and the Troop. Your cooperation is greatly appreciated. Please return this survey to the Troop Committee Chair. (Please print. If you would like to fill in the PDF to send by email, try “Save as” a new file with your last name in the file name.)

First Name Last Name

1. What are your favorite hobbies?

2. Please describe your current occupation:

3. Please describe your background with scouting, as a parent, a scout, or both:

4. In what sports are you active?

5. Would you be willing to assist the Troop Leaders and Committee Members occasionally? Yes Next year

6. Please look at the General Activities, Special Program Assistance, Basic Scouting Skills and Other Activities that appear on to the right. Please check any boxes for areas that you would be willing to lend your help. Do not let lack of expertise or familiarity with an activity prevent you from indicating your interest in a particular area. If there is an activity or area of Scouting that interests you and it is not on the list to the right feel free to add that below.



GENERAL ACTIVITIES

- Campouts
- Hikes
- Outdoor Activities
- Troop Meetings
- Swimming Supervision
- Bookkeeping
- Document Preparation
- Drawing/Art
- Transportation of Scouts
- Transportation of Equipment

SPECIAL PROGRAM

ASSISTANCE

- Boards of Review – Rank Advancement
- Assist in Trail to First Class
- Home Workshop
- Family Camping Gear
- Access to Camping Property
- Contacts for Special Trips and Activities
- Help with Troop Equipment
- Computer/Web Assistance

BASIS SCOUTING SKILLS

- Aquatics
- Conservation
- First Aid
- GPS
- Knife & Ax Handling
- Map & Compass Use
- Outdoor Cooking
- Ropework (Knots & Lashings)
- Star Study

OTHER ACTIVITIES

- Auto Mechanics
- Backpacking
- Canoeing
- Climbing
- Computer Safety
- Cross Country Skiing
- Crime Prevention
- Cycling
- Downhill Skiing
- Emergency Preparedness
- First Aid
- Fishing
- Fly Fishing
- Golf
- Kayaking
- Mechanics
- Mountaineering
- Rafting
- Sailing
- Scuba Diving
- Shooting Sports
- Snow Camping
- Spelunking
- Swimming
- Video/Photography
- Volleyball
- Whitewater Canoeing
- Wilderness Survival
- Windsurfing